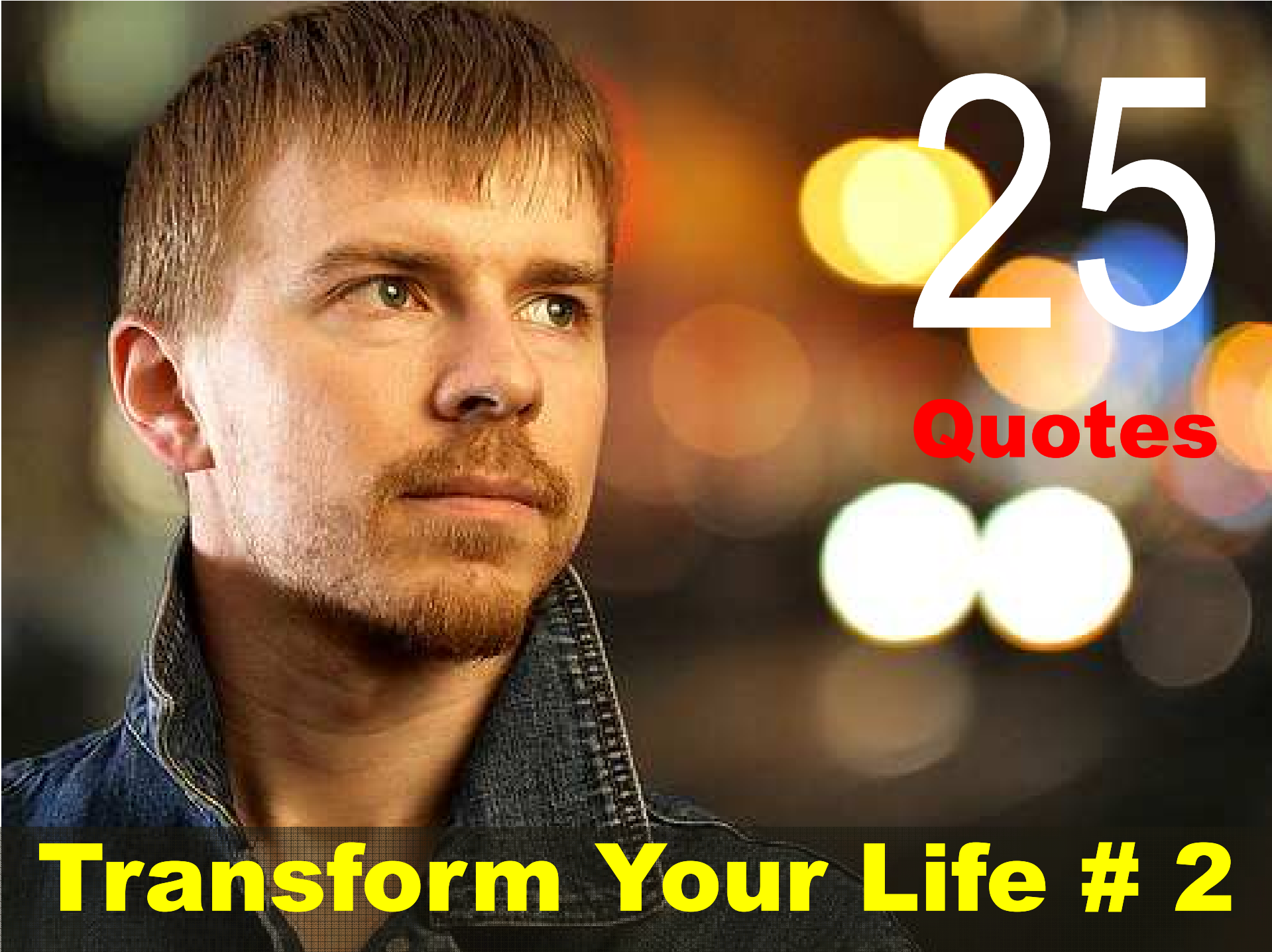




25

Quotes

Transform Your Life # 2

**Quote # 1 : “It does not matter how slowly you go as long as you do not stop.”
– Confucius**

If you want a better, happier life, all you have to do is get started. It doesn't matter if you believe yourself to be a slow learner, because if you never start, you never get anywhere. It's better to start than to live a life of regret.



**Quote # 2 : “I hear and I forget. I see and I remember. I do and I understand.”
– Confucius**

This is an excellent follow up to # 1. You can try to learn as much as you want, but if you do not take action, you won't get any results. You cannot know everything before you start, so don't even try. Just begin and expect mistakes. Learn from them and keep going.



Quote # 3 : “Your work is to discover your work and then with all your heart to give yourself to it.” – Buddha

It can take a while to find your passion, but when you do find it, it's your duty to give it your all. It's not enough to find your passion; it takes hard work to make it a reality.



Quote # 4 : “Nobody can go back and start a new beginning, but anyone can start today and make a new ending.” – Maria Robinson

Dwelling on past mistakes does you no good. You can change everything today if you want to, or you can keep living the life you’ve always lived. It’s up to you, but remember this: every moment is an opportunity to change your life.



Quote # 5 : “All that we are is the result of what we have thought.” – Buddha

Your thought patterns and beliefs determine your life. If you are not happy with where you are, take a look at what beliefs are holding you back from having the life you want.



Quote # 6 : “Pleasure in the job puts perfection in the work.” – Aristotle

Find your passion and purpose in life. Love what you do and the end result will reflect it. If you do the work with joy, you will have no trouble perfecting every detail.



Quote # 7 : “God helps those who help themselves.” – Benjamin Franklin

This is an excellent way of saying that once you start taking action, the pieces of the puzzle start falling into place. I’ve experienced this first-hand. It wasn’t until I showed the universe I was serious that I started getting “lucky”.



Quote # 8 : “That some achieve great success is proof to all that others can achieve it as well.” – Abraham Lincoln

You can do what you love. There are people just like you, doing what you want to do. I may have different strengths than you, but in the end that doesn't matter. If I am more tech-savvy than you doesn't matter. We all have to find our own path.



Quote # 9 : “A jug fills drop by drop.” – Buddha

You do not need a crystal ball. Knowing what steps to take makes life boring. Take life one day at a time. Enjoy the surprises life throws at you.



Quote # 10 : “We are what we repeatedly do. Excellence, then, is not an act, but a habit.” – Aristotle

Don't look at successful people and feel like you are not enough. You are comparing yourself to someone who has worked hard at perfecting his craft. All you can do is start. If you want to get good at something, go do it.



Quote # 11 : “Notice that the stiffest tree is most easily cracked, while the bamboo or willow survives by bending with the wind.” – Bruce Lee

Keep an open mind when you are following your passion. There will be surprises and obstacles on your path. What impact they have is determined by you. You have the ability to choose if they are positive or negative. Be flexible. Be like bamboo, and you will lead a successful life.



Quote # 12 : “A goal is not always meant to be reached, it often serves simply as something to aim at.” – Bruce Lee

What your goal is doesn't matter, as long as it is something that inspires you to take action. There are is no reason to be overly serious about what you do. Think back to your childhood years and your playfulness. Emulate it and your life becomes effortless.



Quote # 13 : “The gem cannot be polished without friction, nor man perfected without trials.” – Chinese Proverb

In order for you to be successful, you will have to go through trials. You will make mistakes, you will screw up and you will be scared. It's a part of life, so stop running away from it and start running towards it.



Quote # 14 : “Everyone who got where he is has had to begin where he was.” – Robert Louis Stevenson

It's easy to look at someone who's already rocking it when you yourself haven't even gotten started. It's easy to forget that the one you admire has been where you are. It's easy to forget, so remind yourself of the fact that we are all the same, and if that is true, you can do this as well, even if you doubt yourself.



Quote # 15 : “Fall seven times, Stand up eight.” – Japanese Proverb

The most successful people are the most persistent. When I began my journey with making my passion a reality, I didn't succeed right away. I spent years and thousands of dollars trying to learn. I didn't give up, which is why I am here today.



**Quote # 16 : “The path to success is to take massive, determined action.”
– Tony Robbins**

Take action. Take Action. Take action. I can't say it enough. If you want something, you have to take action. Plan, learn and absorb as much as you want, but without action, you will never get to where you want to be.



Quote # 17 : “Genius is one percent inspiration and ninety-nine percent perspiration. “ – Thomas A. Edison

This is another good saying illustrating the importance of action. How many ideas you have doesn't matter. The only thing that matters is that you take action!



Quote # 18 : “When the solution is simple, God is answering.” – Albert Einstein

The human mind has a funny tendency of trying to make everything complex. It takes effort to keep things simple. The more stuff you can eliminate from your plate, the more you get done. Focus on simplicity.



Quote # 19 : “Know thyself.” – Plato

We are all different. You have to find how you work and what makes you happy. Stop looking at others for answers and find your own. It takes time, but there's no rush anywhere. Enjoy the process, because that's what life is about.



Quote # 20 : “If you do not change direction, you may end up where you are heading.” – Lao Tzu

If you're unhappy, you can't expect something or someone outside of yourself to fix it. You are the only one responsible for your life. If you want to change and start living with passion, you are the one that has to act.



Quote # 21 : “Without feelings of respect, what is there to distinguish men from beasts?” – Confucius

There is so much war going on in the world. We need to start treating each other with respect. We are the same species. We are brothers and sisters living on the same planet. We are in this together. Everything that separates us from each other should be reconsidered.



Quote # 22 : “Only the shallow know themselves.” – Oscar Wilde

There is always more you can learn about yourself. Personal development is a never-ending journey. Once you think you know what you're all about, life will throw a curve-ball at you and you'll discover new, subtle facets.



**Quote # 23 : “Wisely, and slow. They stumble that run fast.”
– William Shakespeare**

Take it easy. Once you’ve rushed enough in your life, you will realize that there is nowhere to go. The need to go fast comes from a feeling of lack. This feeling can only be remedied from where it originates—the inside.



**Quote # 24 : “When I do good, I feel good. When I do bad, I feel bad.
That’s my religion.” – Abraham Lincoln**

This should be the religion of all people on earth. What good is a religion if it separates us? Who cares if your god is better than mine if all it leads to is hatred and war? It’s time to sit down and think about what we’re doing.



Quote # 25 : “Peace comes from within. Do not seek it without.” – Buddha

You may think that being successful or having something will make you happy, but do you really believe that? Once you have strived enough, you may start questioning what society has taught you. We do need the basics, but no more. If you want to be happy and at peace, look inward.



**Thank You Very Much
Sompong Yusoontorn**